



AUGUST 2022

Riverside Meadows

Questions or concerns
Contact Nutrition Services
(530) 743-4428 or
mdelong@plUSD.org

Monday

Tuesday

Wednesday

Thursday

Friday

*All meals are served
with the choice of
1% white milk or
nonfat chocolate milk.*

1

2

3

4

5

8

9

10

11

12

15

16

17

18

19

Domino's Smart Slice Cheese
or Pepperoni Pizza
or Chef Salad
Caesar Salad - Celery Sticks
Variety of Fruit
Chocolate Chip Cookie

22

Sub Sandwich or Pull Apart
or Chef Salad
Broccoli Salad - Salad
Variety of Fresh Fruit
Fruit Roll Up
Fruit Roll Up

23

Popcorn Chicken or Macaroni &
Cheese or Chef Salad
Steamed Corn
Celery Sticks - Green Salad
Variety of Fresh Fruit
Tiger Bites

24

Hamburger or Veggie Wrap &
Cheese Stick or Chef Salad
French Fries
Baby Carrots - Garden Salad
Variety of Fresh Fruit
Fruit Roll Up

25

Taco Pocket or Cheese
Quesadilla or Chef Salad
Refried Beans - Salsa
Southwestern Salad
Variety of Fresh Fruit
Tortilla Chips

26

Domino's Smart Slice Cheese
or Pepperoni Pizza
or Chef Salad
Caesar Salad - Celery Sticks
Variety of Fruit
Chocolate Chip Cookie

29

Orange Chicken Bowl or
Black Bean Rice Bowl
or Chef Salad
Stir Fry Veggies
Baby Carrots - Green Salad
Variety of Fruit

30

Spicy Chicken Sandwich
Or Veggie Wrap & Cheese Stick
or Chef Salad
Tater Tots
Baby Carrots - Salad
Variety of Fruit

31

Please be advised - All menus are subject to change without notice due to ongoing nationwide food supply shortages and product unavailability. We will continue our best efforts to serve our students with the best products available.

We appreciate your patience and understanding as we work with our distributors to navigate through the shortages.

USDA is an equal opportunity provider, employer, and lender.



AUGUST 2022

Riverside Meadows

Questions or concerns
Contact Nutrition Services
(530) 743-4428 or
mdelong@plUSD.org

Monday

Tuesday

Wednesday

Thursday

Friday

1

All meals are served
with the choice of
1% white milk or
nonfat chocolate milk.

2

3

4

5

8

9

10

11

12

15

16

17

18

French Toast
Benefit Bar
Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

19

Fruit Parfait & Grahams
Benefit Bar
Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

22

Mini Cinnis
Benefit Bar
Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

23

Breakfast Pizza
Benefit Bar
Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

24

Buttermilk Bar
Benefit Bar
Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

25

Apple Frudel
Benefit Bar
Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

26

Fruit Parfait & Grahams
Benefit Bar
Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

29

Mini Waffles
Benefit Bar
Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

30

Blueberry Muffin
Benefit Bar
Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

31

Bagel Mini Strawberry Cream
Cheese Filled
Benefit Bar
Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

Please be advised – All menus are subject to change without notice due to ongoing nationwide food supply shortages and product unavailability. We will continue our best efforts to serve our students with the best products available.

We appreciate your patience and understanding as we work with our distributors to navigate through the shortages.

USDA is an equal opportunity provider, employer, and lender.